



SATYA YOGA FALL SCHEDULE

September 8th 2020 to December 31st 2020

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30 to 9:45						POWER VINYASA FLOW with Jugjeet	
9:30 to 10:45	HATHA with Mariko		HATHA with Mariko		POWER VINYASA FLOW with Jugjeet		
10:00 to 11:15							GENTLE HATHA with Patricia
10:15 to 11:30						HATHA with Jugjeet	
5:45 to 7:00		HATHA with Jugjeet		POWER VINYASA FLOW with Jugjeet			
7:15 to 8:30	GENTLE HATHA with Patricia			YOGA FOR BEGINNERS with Jugjeet (workshop)			

Classes are subject to changes. Please check on- line for updates: www.simplysatya.com.